

Client: Example Client ABC123  
123 Test Drive  
Salt Lake City, UT 84108  
UNITED STATES

Physician: Doctor, Example

**Patient: Patient, Example**

**DOB:** 8/25/1967  
**Gender:** Male  
**Patient Identifiers:** 01234567890ABCD, 012345  
**Visit Number (FIN):** 01234567890ABCD  
**Collection Date:** 00/00/0000 00:00

**Alpha-1-Antitrypsin (SERPINA1) Enzyme Concentration and 2 Mutations with Reflex to Alpha-1-Antitrypsin Phenotype**

ARUP test code 0051256

Alpha-1-Antitrypsin	<b>&lt;20 mg/dL L</b> (Ref Interval: 90-200) To convert to umol/L, multiply mg/dL by 0.185
Alpha-1-Antitrypsin Genotype Specimen	whole Blood
Alpha-1-Antitrypsin S Allele	Negative
Alpha-1-Antitrypsin Z Allele	<b>Homozygous *</b>
Alpha-1-Antitrypsin Interpretation	See Note

Indication for testing: Carrier screening or diagnostic testing for alpha-1-antitrypsin (AAT) deficiency.

Z Homozygote/ Protein concentration <90 mg/dL: This sample has a greatly reduced serum AAT protein concentration and two copies of the Z deficiency allele were detected by genotyping. The S mild deficiency allele was not identified. This individual is predicted to be affected with classic AAT deficiency and has an increased risk of neonatal jaundice, adult cirrhosis, and early emphysema. This individual's reproductive partner and other family members should be offered AAT testing. Genetic consultation is recommended.

This result has been reviewed and approved by [REDACTED]

**H=High, L=Low, \*=Abnormal, C=Critical**

**BACKGROUND INFORMATION: A1A (SERPINA1) Enzyme Concentration and  
2 Mutations with Reflex to A1A  
Phenotype**

**CHARACTERISTICS of Alpha-1-Antitrypsin (AAT) Deficiency:**  
Coughing, wheezing, bronchiectasis, chronic obstructive pulmonary disease, emphysema, and cirrhosis.  
**INCIDENCE:** 1 in 3000 to 5000 North American individuals.  
**INHERITANCE:** Autosomal recessive.  
**CAUSE:** Two pathogenic mutations in the SERPINA1 gene on opposite chromosomes.  
**CLINICAL SENSITIVITY:** 95 percent.  
**MUTATIONS TESTED:** S allele (c.791A>T) and Z allele (c.1024G>A).  
**METHODS:** Genotyping performed by polymerase chain reaction (PCR) and fluorescence monitoring; AAT protein concentration measured using immunoturbidimetric assay; phenotyping performed by isoelectric focusing electrophoresis. Genotyping and AAT serum protein concentration determination are performed on all specimens. Protein phenotyping is only performed on specimens that have AAT protein concentrations of less than 90 mg/dL and are not homozygous or compound heterozygous for the S or Z deficiency alleles by genotyping.  
**ANALYTICAL SENSITIVITY AND SPECIFICITY:** 99 percent.  
**LIMITATIONS:** SERPINA1 mutations, other than the S (c.791A>T) and Z (c.1024G>A) alleles, will not be detected. Diagnostic errors can occur due to rare sequence variations.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes.

Counseling and informed consent are recommended for genetic testing. Consent forms are available online.

Alpha-1-Antitrypsin Phenotype

Not Applicable

**H=High, L=Low, \*=Abnormal, C=Critical**

VERIFIED/REPORTED DATES				
Procedure	Accession	Collected	Received	Verified/Reported
Alpha-1-Antitrypsin	23-103-112455	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Alpha-1-Antitrypsin Genotype Specimen	23-103-112455	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Alpha-1-Antitrypsin S Allele	23-103-112455	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Alpha-1-Antitrypsin Z Allele	23-103-112455	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Alpha-1-Antitrypsin Interpretation	23-103-112455	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Alpha-1-Antitrypsin Phenotype	23-103-112455	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00

END OF CHART

H=High, L=Low, \*=Abnormal, C=Critical