

- without estrogen therapy
- +1 Family history of premature CHD
- +1 Current smoking
- +1 Hypertension
- +1 Diabetes mellitus
- +1 Low HDL Cholesterol: 39 mg/dL or less
- 1 High HDL Cholesterol: 60 mg/dL or greater

LDL Cholesterol: Therapeutic goal
 99 mg/dL or less if CHD is present (Optional 69 mg/dL or less)
 129 mg/dL or less if no CHD and two or more risk factors
 159 mg/dL or less if no CHD
 (Circulation 2004; 110:227-39)

Access complete set of age- and/or gender-specific reference intervals for this test in the ARUP Laboratory Test Directory (aruplab.com).

VLDL, Calculated 19 mg/dL (Ref Interval: 0-30)

Non-HDL Cholesterol 41 mg/dL
 INTERPRETIVE INFORMATION: Non-HDL Cholesterol
 Non-HDL cholesterol is a secondary target of therapy in persons with high serum triglycerides (greater than 199 mg/dL). The goal for non-HDL cholesterol in persons with high triglycerides is 30 mg/dL higher than their LDL cholesterol goal.

VERIFIED/REPORTED DATES

| Procedure | Accession | Collected | Received | Verified/Reported |
|--------------------------------|---------------|---------------------|---------------------|----------------------|
| Cholesterol, Serum or Plasma | 22-005-146572 | 1/5/2022 7:54:00 AM | 1/7/2022 6:25:39 PM | 1/7/2022 10:18:00 PM |
| Triglycerides, Serum or Plasma | 22-005-146572 | 1/5/2022 7:54:00 AM | 1/7/2022 6:25:39 PM | 1/7/2022 10:18:00 PM |
| HDL Cholesterol | 22-005-146572 | 1/5/2022 7:54:00 AM | 1/7/2022 6:25:39 PM | 1/7/2022 10:18:00 PM |
| LDL Cholesterol, Direct | 22-005-146572 | 1/5/2022 7:54:00 AM | 1/7/2022 6:25:39 PM | 1/7/2022 10:18:00 PM |
| VLDL, Calculated | 22-005-146572 | 1/5/2022 7:54:00 AM | 1/7/2022 6:25:39 PM | 1/7/2022 10:18:00 PM |
| Non-HDL Cholesterol | 22-005-146572 | 1/5/2022 7:54:00 AM | 1/7/2022 6:25:39 PM | 1/7/2022 10:18:00 PM |

END OF CHART

H=High, L=Low, *=Abnormal, C=Critical

Unless otherwise indicated, testing performed at:

ARUP LABORATORIES | 800-522-2787 | aruplab.com
 500 Chipeta Way, Salt Lake City, UT 84108-1221
 Jonathan R. Genzen, MD, PhD, Laboratory Director

Patient: Patient, Example
 ARUP Accession: 22-005-146572
 Patient Identifiers: 01234567890ABCD, 012345
 Visit Number (FIN): 01234567890ABCD
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