

**THIS IS NOT A TEST REQUEST FORM.**  
**The information below is required to perform ABCD1 genetic testing.**  
**Please fill out this form and submit it with the test request form or electronic packing list.**

**PATIENT HISTORY FOR X-LINKED ADRENOLEUKODYSTROPHY (ABCD1) GENETIC TESTING**

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender  F  M  
 Physician \_\_\_\_\_ Physician Phone (\_\_\_\_) \_\_\_\_\_ Practice Specialty \_\_\_\_\_  
 Genetic Counselor \_\_\_\_\_ Counselor Phone (\_\_\_\_) \_\_\_\_\_

**Patient's Ethnicity (check all that apply)**  
 African American       Ashkenazi Jewish       Asian       Caucasian  
 Hispanic       Middle Eastern       Native American       Other \_\_\_\_\_

**Does the patient have SYMPTOMS?**  No  Yes (check all that apply)  
 Ataxia       Paralysis       Addison disease/adrenal insufficiency  
 Seizures       Hearing loss       Behavioral disturbance  
 Spasticity       Visual impairment       Cognitive impairment  
 Abnormal brain MRI (describe): \_\_\_\_\_  
 Other symptoms: \_\_\_\_\_

**Age of onset of symptoms:** \_\_\_\_\_

**LABORATORY FINDINGS**

Very Long Chain Fatty Acids       Normal       Abnormal (result: \_\_\_\_\_)       Not performed       Unknown  
 Beta-oxidation of C26:0 in Fibroblasts       Normal       Abnormal (result: \_\_\_\_\_)       Not performed       Unknown

**Does the patient have a FAMILY HISTORY OF X-LINKED ADRENOLEUKODYSTROPHY?**  No  Yes  Unknown  
 If yes, describe relationship(s) to the patient \_\_\_\_\_

Has DNA testing for *ABCD1* been performed for these family member(s)?  No  Yes  Unknown  
 • If yes, please attach a copy of the laboratory result (REQUIRED for familial mutation testing)

**Circle the X-LINKED ADRENOLEUKODYSTROPHY test you intend to order.**

**Biochemical Testing**

**2004250 Very Long-Chain and Branched-Chain Fatty Acids Profile:** Initial test to screen for disorders of peroxisomal biogenesis and/or function, including X-linked adrenoleukodystrophy.

**Molecular Testing**

**2011906 Adrenoleukodystrophy, X-linked (ABCD1) Sequencing and Deletion/Duplication:** Sequencing of the *ABCD1* coding regions and deletion/duplication analysis. Clinical sensitivity for X-linked adrenoleukodystrophy is approximately 99 percent.

**2011902 Adrenoleukodystrophy, X-linked (ABCD1) Sequencing:** Sequencing of the *ABCD1* coding regions. Clinical sensitivity for X-linked adrenoleukodystrophy is approximately 93 percent.

**2011880 Adrenoleukodystrophy, X-linked (ABCD1) Deletion/Duplication:** For patients with negative *ABCD1* sequencing results. Clinical sensitivity X-linked adrenoleukodystrophy is approximately 6 percent.

**2001961 Familial Mutation, Targeted Sequencing:** Targeted sequencing for an *ABCD1* mutation previously identified in a family member; copy of relative's lab result is REQUIRED

**For questions, contact an ARUP genetic counselor at (800) 242-2787, ext. 2141**

Master Label