ARUP LABORATORIES
A nonprofit enterprise of the University of Utah and its Department of Pathology

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ALLERGEN SPECIMEN COLLECTION INSTRUCTIONS

Use this specimen collection guide when multiple allergen tests are ordered together. Allergen testing is performed on an automated platform that requires significant volume. Multiple allergen determinations can be made from a single tube.

Specimen Requirements

- Collect serum in a serum separator tube (SST) or red top tube.
- Separate serum from cells ASAP or within two hours of collection.
- Transfer the acceptable volume to an ARUP standard transport tube based on the table below.
- Send the specimen to ARUP at refrigerated temperature.

Specimen Volume

Number of allergens to be tested:	Preferred specimen volume:	Minimum volume:
2-10	1.0mL	0.75mL
11-20	1.5mL	1.25mL
21-30	2.0mL	1.75mL
31-40	2.5mL	2.25mL
41-50	3.0mL	2.75mL
51-60	3.5mL	3.25mL
61-70	4.0mL	3.75mL
Submit in <u>two</u> ARUP standard transport tubes:		
Number of allergens to be tested:	**Specimen volume:**	
71+	4.0mL (tube #1) + additional, per section above (tube #2)	

Panel Test Submission Instructions

- See individual panel test information for required specimen volumes.

WARNING: Combining nonallergen and allergen testing in the same specimen tube may delay results and could result in specimen volume issues. Send separate specimens for nonallergen testing.