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**2011450****Carisoprodol and Meprobamate, Serum or Plasma, Quantitative****CARIS SP****Performed:** Sun, Tue, Thu  
**Reported:** 1-4 days**Specimen Required:** Collect: Serum Pre-dose (Trough) Draw - At a Steady State Concentration or Plasma Pre-dose (Trough) Draw - At a Steady State Concentration in Plain Red, Lavender (K<sub>2</sub>EDTA), Lavender (K<sub>3</sub>EDTA), or Pink (K<sub>2</sub>EDTA).Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.5 mL)Storage/Transport Temperature: Refrigerated.Unacceptable Conditions: Whole blood. Gel Separator Tubes, Light Blue (Sodium Citrate), or Yellow (SPS or ACD Solution).Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 1 month; Frozen: 3 months**Interpretive Data:** The therapeutic range is based on serum pre-dose (trough) draw at steady-state concentration. Adverse effects may include drowsiness, dizziness and headache.See Compliance Statement B: [www.aruplab.com/CS](http://www.aruplab.com/CS)**HOTLINE NOTE:** Remove information found in the Specimen Required Remarks field. There is also a component change associated with this test.

Remove component 2011451, Carisoprodol Dose

Remove component 2011453, Carisoprodol Route

Remove component 2011452, Carisoprodol Dose Frequency

Remove component 2011454, Carisoprodol Type of Draw