
0070015 Aldosterone, Serum**ALDOST**

Specimen Required: Patient Prep: Collect midmorning after patient has been sitting, standing or walking for at least 2 hours and seated for 5-15 minutes. Refer to the Additional Technical Information for specific patient preparation recommendations.
Collect: Serum Separator Tube (SST) or Plain Red.
Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP Standard Transport Tube. (Min: 0.5 mL)
Storage/Transport Temperature: Frozen.
Unacceptable Conditions: EDTA plasma.
Stability (collection to initiation of testing): After separation from cells: Ambient: 8 hours; Refrigerated: 5 days; Frozen: 1 month

Note: Refer to the Additional Technical Information for Endocrine Society recommendations for patient preparation, specimen collection, medications for hypertension control during confirmatory testing for primary aldosteronism, and factors that may lead to false-positive or false-negative aldosterone-renin ratio (ARR) results.