Specimen Required: New York State Clients: Collect control specimen from a healthy, nonsmoking, unrelated individual at the same time as patient.
Collect: Green (Sodium or Lithium Heparin) or Lavender (EDTA).
New York State Clients: Lavender (EDTA) (patient) AND Lavender (EDTA) (control).
Specimen Preparation: Transport 2 unfixed, air-dried, and unstained smears. (Min: 2 smears made from the blood submitted) AND 5 mL whole blood. (Min: 1 mL) Specimens should be refrigerated within 30 minutes after collection. Place both slides and whole blood specimens in an osmotic fragility transport kit (ARUP supply #53821) available online through eSupply using ARUP Connect™ or contact ARUP Client Services at (800) 522-2787.
New York State Clients: Transport 4 mL whole blood (patient) AND 4 mL whole blood (control) in original collection tubes. (Min: 2 mL patient and 2 mL control) Rubber band patient and control tubes together. Control must accompany patient specimen at all times to ensure reliability of testing results. Do not send to ARUP Laboratories. Specimens must be received at performing laboratory within 72 hours of collection. For specimen requirements and direct submission instructions please contact ARUP Referral Testing at (800) 242-2787, ext. 5145.
Storage/Transport Temperature: Refrigerated.
Unacceptable Conditions: Grossly hemolyzed specimens.
Stability (collection to initiation of testing): Ambient: Unacceptable; Refrigerated: 72 hours; Frozen: Unacceptable